

Here are some guidelines:-

- Don't respond to the message. Save, print or screen-shot it.
- Seek help immediately, your safety and well-being may be at risk. Talk to your parents, a relative, an educator, SAPS or call Childline. Remember, keeping quiet won't make the problem disappear.
- You could change your phone number or email address. Report the incident to the Internet Service Provider, cell phone company, or social media platform.
- Remember even if you don't know the cyber bully (they remain anonymous), if you report the matter, the cyber bully can be found. Nothing in cyberspace is anonymous, untraceable or private.
- Cyber bullying is a criminal act, and you as a victim will need support and help. You could lay a charge of Crimen Injuria (for threatening or intimidating messages) or defamation of character. In serious cases, you can request for a Protection order at the police station in terms of the Protection from Harassment Act: 2011 (Act 7 of 2011).

What must I do if I am a victim of cyberbullying?



How do you know if you are guilty of a cyber crime?

Use the **"MUM RULE"** ...if you are sending or receiving messages or images that you don't want your mum to know about or to see

You are in a danger zone...STOP!

Your safety and well-being may be at risk.



Your safety comes first !!! BE CYBERWISE !!!

CONTACT NUMBERS FOR HELP



MY EDUCATION COMES FIRST

- KZN DOE Hotline.....0800 204353
- Childline: 24 hours a day/7 days a week (toll free)08000 55 555
- South African Police (SAP)
 - Crime Stop call08600 10 111
 - In an emergency call10111
- Dept of Social Development (Social Worker)
 - DSD Hotline0800 220 250
 - Gender Based Violence0800 428 428
 - Human Trafficking Hotline.....0800 222 777

CARE NOT SCARE SERIES

Cyber Safety



education

Department:
Education
PROVINCE OF KWAZULU-NATAL



Are you sending or receiving hurtful, humiliating, threatening or sexually explicit messages, photographs, or images on social media? Do you know what happens to such posts?



Posting inappropriate messages or pictures online can cause serious pain, hurt, humiliation or even endanger the life of a person!

What is cyber safety?



It is about ensuring that the information you send or receive over the internet & social media is kept safely and used for the purposes it was intended. It is also about you using information you obtained, via the internet and social platforms, responsibly and showing respect for people online. Do not post or re-post information, pictures and images that hurt, humiliate, intimidate or embarrass another person. Cyber safety is about using safety measures when you are using the internet.

Do you know that in cyberspace nothing is private?



What is cyber bullying?

Cyberbullying, happens when people use cell phones, tablets and other electronic devices to hurt, intimidate, humiliate or embarrass another person.

Cyberbullies use text messages, pictures, images and photographs to repeatedly harass, intimidate or embarrass a person or a group of people. They do this using the internet and social media platforms such as Facebook, Twitter, Instagram and Whatsapp.

SIX METHODS used in CYBER CRIMES

Gossiping	Posting or sending cruel gossip (video clips and messages) to damage a person's reputation and relationships with family, friends and the general public, using social media platforms.
Exclusion	Deliberately and maliciously excluding or isolating someone from online social platforms in an effort to isolate, hurt, humiliate and intimidate a person.
Cyber Crimes	Cyber criminals can create false identities to commit crimes such as fraud, human trafficking, rape and pornography. Hacking into emails and computers for the purpose of theft of personal information.
Harassment, threats and stalking	Repeatedly posting or sending offensive, rude and threatening messages. Including stalking (electronically) a person and invading a person's privacy and safety. Some messages may involve violence, threats to a person's life and blackmailing.
Trickery and persuasion	A person tricks or persuades you to disclose your secrets, pictures and private information, which they share or sell online. These criminals can trick you into posting naked pictures of yourself or convince you to meet them for criminal purposes.
Online dating site/adverts	Where a person can mis-represent themselves or place false adverts with the intention of luring you to exploit you sexually or financially.

THE LAW SAYS: It is a criminal offence to post inappropriate messages or pictures, you could be prosecuted in terms of the Films and Publications Act 65 of 1996 or the Criminal Law.



here are some **RULES** on how **YOU** can be **CYBERWISE!**

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Give out personal information (such as your cell phone number, address, school, ID number, banking details, information about your personal life and your photographs) on any social media platforms.

Give out your passwords and PINS to anyone, not even to your best friend.

Open emails or messages from someone you don't know or from someone you know is a bully. You can block these numbers or email addresses - find out how!

Post anything online even in an email, that you don't want your friends, classmate, parents or the public to see. Someone can re-post this information, without your permission.

Pass along messages and images that will cause distress in others.

Post information on where you are going and at what time. This will put your safety at risk.

Accept an invitation on social media from a stranger, or agree to meet them face to face. The person may not be who they say they are. For example an older criminal, who could create a profile of a young person.

The information you send, receive or research on the internet will reflect your digital footprint and who you are!

What does your digital footprint say about you:-

- Personality?
- Interests and attitude?
- Morals and values?
- Views and opinions?
- Vulnerabilities?

Who can see my digital footprint?

- Your parents and relatives
- Your friends
- Your future partners
- Your future employers
- Anyone with internet access
- Basically anyone anywhere



Your digital footprint can, in the future, negatively affect your life, job opportunities and relationships! Be careful what you post online or the internet sites you visit.

Remember: Your footprint is in cyber space forever even if you delete it!