



## KWAZULU-NATAL PROVINCE

EDUCATION  
REPUBLIC OF SOUTH AFRICA

### DIRECTORATE

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Curriculum Grades 1 - 9

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**TO: District Directors  
Chief Education Specialist TLS GET and FET  
Circuit Management  
ATTENTION: Principals and Chairpersons of School Governing Bodies**

### **SUBJECT: INVITATION TO PARTICIPATE IN THE INTERNATIONAL YOGA DAY**

1. The Swami Vivekananda Cultural Centre at the Consul General of India Durban will be observing International Yoga Day on Wednesday 21 June 2023
2. The Consulate has invited our Departmental schools to be part of the event.
3. The programme will take place as follows:

Date: Wednesday 21 June 2023

Time: 8 am to 10 am

Venue: Peoples Park next to Moses Mabhida Stadium

4. The programme includes – a Yoga session and demonstration, a presentation of healthy living and the benefits of Yoga.
5. All delegates should dress in comfortable attire to participate in the yoga programme. Track suits or tights with long tops are recommended. Delegates are encouraged to carry Yoga mats or any other material to place on the ground to conduct your Yoga exercise.
6. All interested schools may register educators and learners to attend this international event.
7. Schools wishing to participate in the above event must complete the attached entry form and email the completed form on or before the 15 June to: K H Maharaj (Provincial Coordinator Eastern Languages) Email: [kamalh@telkomsa.net](mailto:kamalh@telkomsa.net)
8. Your cooperation will be appreciated.

M. Mazibuko

Acting Deputy Director General Curriculum Management & Delivery

25/05/23  
Date



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**Entry Form 2023**  
**INTERNATIONAL YOGA DAY 21 June 2023**

**Name of School:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Name of Educator:** \_\_\_\_\_

**Educators CELL NO:** \_\_\_\_\_

**Number of Interested Educators:** \_\_\_\_\_

**Number of Learners:** \_\_\_\_\_

\_\_\_\_\_  
**Signature of Principal:**

\_\_\_\_\_  
**Signature of Educator.**