

REMEMBER

- *YOU* HAVE A CHOICE
- IT IS *YOUR* BODY
- IT IS *YOUR* HEALTH
- IT IS *YOUR* LIFE
- IT IS *YOUR* FUTURE

MAKE THE BEST
DECISION FOR

YOU!!



PSYCHOLOGICAL GUIDANCE AND
SPECIAL EDUCATION SERVICES
In collaboration with
EDUCATION MANAGEMENT
GOVERNANCE DEVELOPMENT

**KWAZULU NATAL DEPARTMENT
OF EDUCATION**

**HAVING A
BABY.....**

**BUT....STILL AT
SCHOOL**

THE REALITY OF TEENAGE
PREGNANCY



STATISTICS TALK

THE 1ST SOUTH AFRICAN
NATIONAL YOUTH RISK
BEHAVIOUR SURVEY 2000 BY THE
DEPARTMENT OF HEALTH AND
THE MEDICAL RESEARCH
COUNCIL OF SOUTH AFRICA

KWA ZULU NATAL

- 45.6% of young people had sex
- 25% Boys and 15.6% Girls were under the age of 14 years at the time
- 54% of these had two or more sexual partners
- 77.8% of those who are sexually active, had 1 or more sexual partners in the last 3 months
- 15.2% used alcohol or drugs before sex
- 47% did not use any kind contraceptive
- 14% always use a condom during sex
- 21.8% Girls became pregnant
- 10% had an abortion
- 17% of Boys and 14.6% of Girls had a sexually transmitted infection
- 11.9% think they could get HIV

CHOICES

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SEX or ABSTINANCE?

- How well do I know my partner?
- Are we ready to share a lifetime together?
- Am I ready to risk my health and life?
- Am I ready to become a parent?
- Can we both take care of our responsibilities?
- What would my situation be in six years? Ten years?
- What does the law say?
- What about those who love me, my education, my career, my religion, my future?

▪ *WHAT IF....?*

PREGNANT

OPTIONS:

- Keep the baby – single parenthood
- Terminate the pregnancy
- Marriage
- Adoption
- Fostering / children's home

WHO DO I TELL?

Tell someone you can trust as soon as you know

WHO CAN ASSIST ME?

- Family, relatives, friends
- Social Worker
- Medical Doctor
- Health Worker at Clinic
- Hospital